

18. SEPTEMBER 2020

UP Fakulteta za vede o zdravju, Slovenija / UP Faculty of Health Sciences, Slovenia



PROGRAM / PROGRAMME

Sekcije 1. del / Sections 1st part
9:45 – 12:45

Sekcija 1 / Section 1

OHRANJANJE IN KREPITEV ZDRAVJA DELOVNO AKTIVNE POPULACIJE / MAINTAINING AND PROMOTING HEALTH OF THE WORKING-AGE POPULATION

9:45

Z gibanjem se sprostim in lažje učim / Exercising helps me relax and teach more easily

Vesna Boštjančič

10:00

Brezplačni interventni programi v podporo družini in posameznikom v stiski / Free interventions to support families and individuals in need

Nataša Demšar Pečak

10:15

Struktura družine, obšolske kulturne aktivnosti v OŠ ter zdravje mladih v Sloveniji / Family structure, school extracurricular cultural activities and health of Slovenian young people

Danijela Lahe, Tina Cupar, Andrej Kirbiš

10:30 (predstavitev v angleškem jeziku / english presentation)

Egalitarno distribuirano ohranjanje zdravja s pomočjo tehnologij podaljševanja življenja / Egalitarian distribution of health maintenance using technologies for life extension

Martin Lipovšek

10:45

Študij - priložnost za znanje in dobro počutje delovno aktivne populacije / Study- opportunity for knowledge and well-being of the working-age population

Natalija Brečko

11:00

Povezanost vadbe dihanja in oceno kakovosti življenja pri odraslih – integrativni pregled literature / Relationship between breathing exercises and quality of life in adults – a literature review

Eva Lenart, Karin Vrtar, Ana Benedik, Petra Zajc, Sabina Ličen, Milan Hosta, Matej Plevnik